



**Mapledown School's  
Art Recipe Book  
Volume I**



**Teacher- Marina Visal**

**Class- 1**

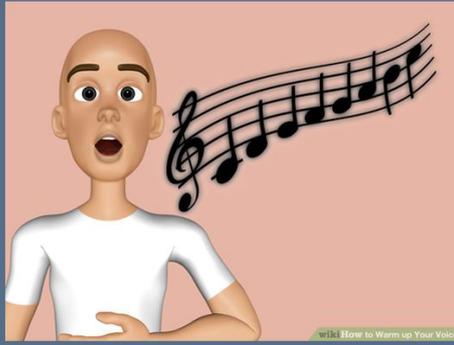
**Product- Choir activity**

**Lesson- Teaching percussion through sound**

**Process- PowerPoint presentation**

**See next page:**

**Vocals  
&**



**Full Body  
warm up**

**Nnnnnnnn**



jumping



twinkl



Ahhh



butterstock - 10843095

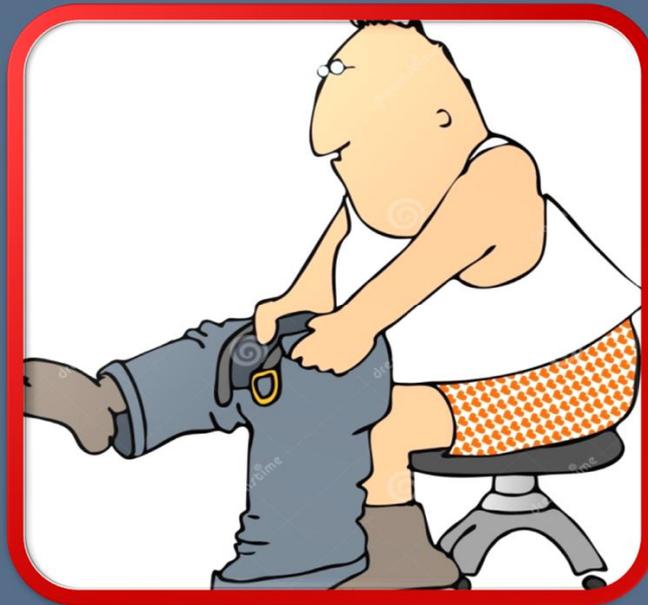
# Glug



# Mnyum



Sh sh sh



# stretch



# running



twinkl

Hhhhhh

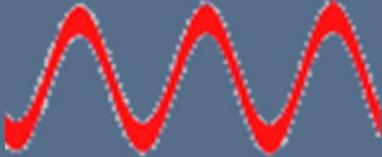


walking



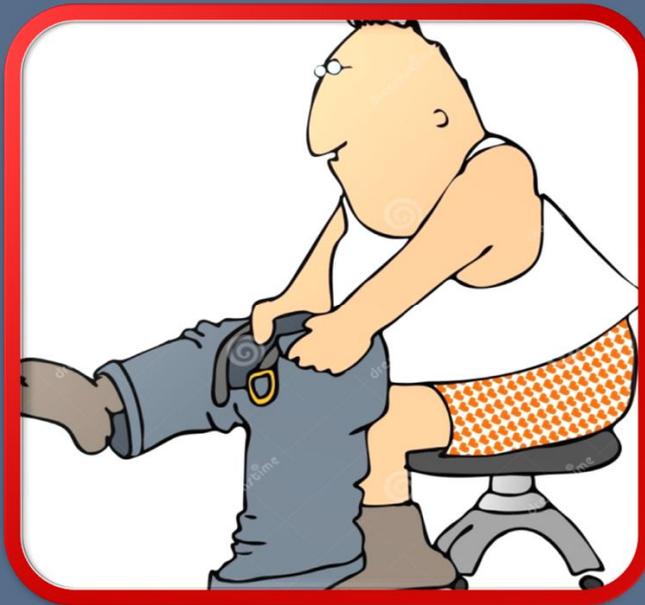
Vvvvvv



ng  (Siren)



# Nnneigh



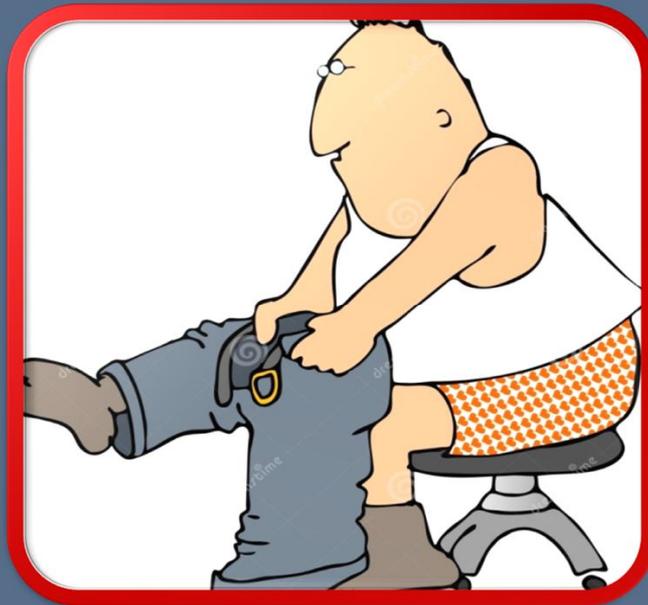
# La La La



# Brrrrr



# La La La



Standard Pattern

1	2	3	4
---	---	---	---

First bar

1

Standard Patern

5	6	7	8
---	---	---	---

second bar

2

Standard Pattern

1	2	3	4
5	6	7	8

First 2 bars

3

Standard Pattern

1	2	3	4
---	---	---	---

Third Bar

4

Standard Pattern

5	6	7	8
---	---	---	---

Fourth bar

5

Standard Pattern

1	2	3	4
5	6	7	8

Second 2 bars

6

Full-Standard Pattern

1	2	3	4
5	6	7	8
1	2	3	4
5	6	7	8

7

Pop Beat.

1

This is Tim.

2

Such a cute little dog

3

He feels loved and happy

4

But for Christmas he got a Santa hat!

5

And now he feels DUMB

6

So Dumb

7

~~DuM~~  
DM

8

Tea

9

Lovely cup of Tea

10

MIM.... Mug of Tea

11

~~Tea~~  
T

12

DM T

13

Quiche

14

I hate Quiche

15

I love Quiche

16

Quiche

Use the sounds

Ksh

17

Add the sounds





18

Ksh

T

DM

19

Add the sounds






20

1	2	3	4
		Ksh	
DM	T		T

21

**Teacher- Lisa O' Donoghue**

**Class- 2 (ASC)**

**Product- material object making.**

**Lesson- Art**

**Process – The group has a range of materials on the table. Each student gets some material to start off making their objects. After a few minutes working on the object the student passes their object to the next student next to them and they choose more materials to add to it. You continue on around the circle and the students keep adding materials until they end up with a finished product.**

**Picture/ link to video-**



Teacher- Sylwia Skorska

Class- 3 (PMLD)

Product- Edible slime

Lesson- Art/Maths (Measure)

Process- **Edible Slime (Chemical and Borax Free!)**

You will need:

Basil seeds

Cornflour

Water

Food colouring (optional)

Measure 1/4 cup of basil seeds into a bowl and add one full 16oz box of cornflour. Mix them together (kid hands are really good at this part). Add food coloring (if desired) to 2.5 cups of water. Add the water to your cornstarch and seed mixture and stir well. It's easiest to do this part with your hands. You will ultimately end up kneading the slime like bread dough as over the span of 5 minutes, the seeds will begin to absorb the water and it will begin to thicken the mixture. If you find any clumps of seeds while kneading, break them up with your fingers. Once the slime is completely uniform feeling - you're good to go!



Picture/ link to video- Taken from Pinterest.

Web links/ any additional resources- Pinterest is a fantastic website with great ideas! It's actually called the world's catalogue of ideas.

Teacher- Merka B.

Class- 4

Product- Nature Sensory Suncatcher (Autumn)  
Seasons

Lesson- Art, Topics -

You will need:

sticky back plastic, leaves, sticks, acorns, conkers, paper plates, scissors, string and stapler

Method:

1. Firstly cut out the middle of the plate, then you can set about with some paints and brushes to decorate the plate (optional).
2. Cut out two circles from sticky back plastic (contact paper) slightly larger than the hole in the middle of the plate. When paint is dry on the plate, peel off the backing and stuck to the plates so the sticky side is on the back of the plate.
3. Flip it over and stick leaves, sticks, acorns, conkers etc. to the plastic. Then stick the second circle on the back of the plate. Once finished attach some string and staple it to hang from a window and await the sun to come through.

Picture/ link to video-





**Web links/ any additional resources-**

**You will find Different sun catchers for students to make on PINTREST or on:**

**<http://www.muminthemadhouse.com/15-stunning-suncatchers-for-kids-to-make/>**

**Teacher- Helen Wells**

**Class- 5 (SLD)**

**Product- Paintings**

**Lesson- Messy play/ P.E./ Numeracy and English**

**Process- Place a large sheet of paper against a wall and along the floor.**

**Each student is given a ball with different textured exterior.**

**The balls are rolled in different colour paint and the thrown at the paper.**

**The students can be asked to throw higher or lower to get differing**

**effects. Once you have some paint on the paper the students can be asked to aim at a certain colour or sized imprint.**

**Picture/ link to video-**



**Teacher- Danni**

**Class- 6**

**Product- bucket, toys, black sheet of A3 paper, Talcum powder, lemonade, raisins, salt, food colouring.**

**Lesson- Attention Autism**

**Process- The idea of the lesson is to gain their attention first. (With the bucket) 'I have something in my bucket in my bucket in my bucket I have something in my bucket I wonder what it is?!'. Take out one toy and watch it (light toys , spiny toys, noise toys) – are the best. Once you have achieved this you can move on to the next phase. This is where FUN learning can begin- using the black sheet of A3 and talcum powder you can draw faces (teaching emotions) you can hide numbers and reveal them, animals, you can write their name- the list goes on.**

**Using the bottle of lemonade (make sure students can see/ rip paper around the bottle) adding the raisins - using the raisin to count (they can taste the raisin first) use key words like (up and down) as the raisins will move around in the bottle, then singing a song 'zoom zoom zoom were going to the moon, zoom zoom zoom we will be there very soon' add salt after 54321 and the reaction from the salt and lemonade will make an explosion! Again you can add colours for a different affect and a song of your choice – the count down indicates something amazing is going to happen. (Pause and let students count and say go etc...) ☺**

**Picture/ link to video- Gina Davis Attention Autism- youtube (she is amazing)**

**Web links/ any additional resources- Google ☺**

**Teacher- Michelle**

**Class- 7**

**Product- Mapledown Rules Song**

**The song and symbols are also in the folder for you to sing along to.**

**Lesson- Attention Autism**

**Process- The song is as follows.**

**Rule number 1 is hands and feet, hands and feet stay down.**

**Rule number 2 is listen to staff, listen to your staff.**

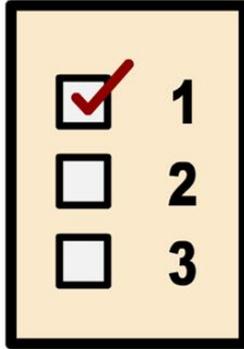
**Rule number 3 sit quietly, be calm and quiet.**

**Mapledown rules 1,2 and 3 for everyone to feel happy.**

**You can then add rules number 4 and so on and then sing....**

**Mapledown rules 4, 5 and 6 for everyone to feel happy.**

**Picture/ link to video-**



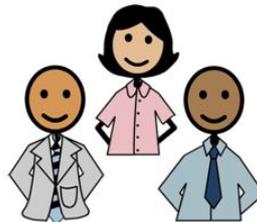
## Mapledown Rules

**1**



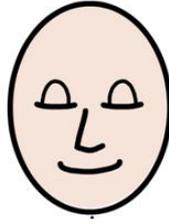
hands and feet stay down

**2**



listen to staff

**3**



sit quietly, be calm and quiet

**Teacher- Maja Mitovska**

**Class- 8**

**Product- Multicoloured shaker**

**Lesson- Art/Maths**

**Process/resources:**

- **Clean plastic bottle with lid**
- **Multicoloured pom-poms**
- **A handful of rice (you can also use dry pasta, seeds, bells etc.)**
- **Ribbon in different colours**
- **Screwdriver**

**The students can put the pom-poms in the bottle. You can practise variety of skills with them while making it: sorting, matching, colours, counting etc.**

**Next step is to put the rice in the bottle and here you can practice problem solving and fine motor skills e.g. Can the students find the best way to put the rice into the bottle( you can offer them few simple tools to try, like: spoon, chop sticks, funnel, rolled up piece of paper etc.**

**Next step is the multicoloured ribbon lid. A staff member will have to make a hole in the lid (with the screwdriver) to thread the ribbon through. There are lots of colour learning opportunities here too and the chance to do some measuring and cutting.**

**Picture/ link to video**



**Teacher- Oded**

**Class- 9 (PMLD)**

**Product- Hanukkah Menorah+ dreidels**

**Lesson- RE**

**Process- the students dip their hands in finger paints (could be mixed or have multiple colours used) and print it on paper in the shape of a menorah (see pic below). Draw flames on top.**

**Additionally, a dreidel shape (or any other relevant shape- star of David, etc.) is carved into a potato and used as a stamp to be printed on the art work. Alternatively you could use cookie cutters, if you have the right ones.**

**Picture/ link to video-**



**Web links/ any additional resources-**

Teacher- Tamara Stewart

Class- 10 (PMLD)

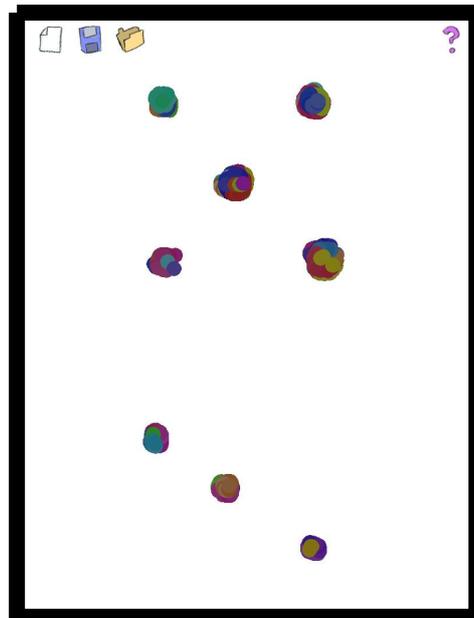
Product- "singing fingers" Interactive singing artwork

Lesson- Art/Music/Maths

Process- Download the app "singing fingers" onto an ipad before lesson. This is an app that lets you finger paint with sound! Whilst moving your finger across the page in any direction you make a noise which the app then records. When you go back to touch the image you drew it replays the sounds for you. For this lesson students could use the app for anything from drawing pictures of shapes to drawing waves that look like their sounds to drawing pictures to record their own sounds or the sounds whilst out and about.

For our lesson we used our fingers to draw the dots on a side of a dice and to do counting.

Picture/ link to video-



Web links/ any additional resources-

<http://singingfingers.com/>

**Teacher- Suzi**

**Class- 11**

**Product- Performance – Rapping and Literacy**

**Lesson- Literacy**

**Process- Get staff member to read Brown Bear book with no rhythm whatsoever, show everybody how much more fun it is when you add some drum beat to the poem.**

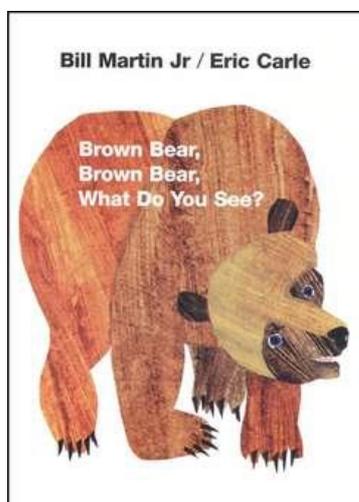
**Print off back page of book and ask students to take different characters and play their part in the poem/story. Use microphone.**

<https://www.youtube.com/watch?v=5aZebBg6CZ0> - link to drum beat from Oded.

**Add hip hop beat and encourage full participation, keeping the beat and speaking into microphone and signing whenever possible.**

**Finish session watching – Brown Bear You Tube – Miss Nina’s rap.**

**Picture/ link to video-**



**Teacher- Fed**

**Class- (working with class 11-5 SLD and class 4 PMLD)**

**Product- Printing with marbles**

**Lesson- Printing (post14 topic)**

**Process-**

**Ingredients: have a tray per student/coloured or plain paper sheets/some blue-tac to fix the paper to the tray/marbles of different size too if possible/paint/stencils as optional; this printing technique is very easy but requires 1) to keep an eye on pupils if they are still exploring resources with their mouth and 2) some motor skills in order to do it independently; if this is not possible help can be offered to tilt the tray, without removing the fun!**

**Each student is given a tray and they can choose what paper sheet they prefer (we used plain white, coloured paper but also printed photos of students, in greyscale); once the student has chosen the paper he want to print on, we fix the paper to the tray with small bits of blue-tac; now the students can choose the colour paint they prefer! With this technique the little paint is used the better, little paint will go a long way and pupils can always add it up, but it is up to you, they can experiment with paint quantity too if it is allow, exaggerating... anyway, once students have squeezed the paint on their paper it is time to throw in the marbles and tilt continuously the tray, up / down and left / right; the marbles will leave their print and mix the paper too!! This technique can be developed by adding stencils on top of the sheet, fixing them to it, again, with little blue tac. The results can be stunning pieces of art . Some very creative student might try combination of colours and combination of stencils (different shapes) ; some less able student or autistic might find this technique too noisy so keep it in mind**

**Picture/ link to video-**





**Web links/ any additional resources-**

Teacher- Caroline

Class- Any

Product- Ice Cube painting

Lesson- Art/Maths/Science (Grouping/Changing materials)/Mark Making/Exploring and experimenting through sensory play/Holding and reaching.

You will need: Liquid paint, Ice cube tray, Lolly sticks, Paper, Cling film (optional).

Method:

Help students pour the paint into the ice cube tray. Let them count out how many cubes of each colour they want.

When they have finished filling up the tray, have them put a lolly stick into the middle of each paint cube. The sticks should be able to stand up on their own, but if they won't stay up, try covering the tray in cling film. Then poke the sticks through the wrap for extra stability.

Have them carefully place the ice cube tray in the freezer, and let it sit until the paint is frozen solid.

When the paint cubes are frozen, it's time to paint! Ask your students to choose a colour, and help them pop the chosen paint cube out of the tray.

They can hold the craft stick and swirl the frozen paint cube over paper. As it melts, it'll leave a lovely trail of paint. Encourage students to use several different cubes to create their masterpiece.

(Where applicable) As students paint, discuss the process of freezing. What happened to the paint when she put it in the freezer? What's happening to the paint when it's exposed to the warm air and paper? What does the paint feel like as it melts?

Ice paint is also a great tool in teaching students about colour mixing. Freeze only yellow and red paint cubes, and let them discover what results from using those colours together. As they melt, the paints will magically mix into orange!

This can also be done with edible paint in the same way by mixing Yogurt and food colouring. Take a look at this website for more ideas:

<http://www.wingsandroots.co.uk/edible-finger-paint-recipe/#more-763>

