

**MEAT FREE**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**WEEK 1**

Spaghetti with Tomato Sauce (Cheese optional)  
**V**

Margherita Pizza & Garlicky Wedges  
**V**



Macaroni Cheese  
**V**

Savoury Minced Beef with Mashed Potato  
**H**

Spaghetti with Tomato Sauce (Cheese optional)  
**V**



Roast Chicken with Roast Potatoes & Gravy  
**H**

Chickpea & Vegetable Rice  
**PB**

Chicken Keema Curry with Rice  
**H**

Cheese & Baked Bean Puff with Chips  
**V**

Salmon or white Fish Fingers & Chips  
**F**

Carrots & Cauliflower

Carrots & Broccoli

Carrots & Mashed Swede

Carrots & Cauliflower

Carrots & Broccoli

Vanilla Sponge with Custard

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**WEEK 2**

Korean BBQ Quorn Balls & Rice  
**PB**

Margherita Pizza & Paprika Wedges  
**V**

Mushroom Carbonara & Spaghetti  
**V**

Chicken Sausage & Mash with Gravy  
**H**



Spaghetti with Tomato Sauce (Cheese optional)  
**V**

Chicken Casserole with Mashed Potato  
**H**

Veggie Stir Fry & Rice  
**PB**

Beef Pasta Bolognese  
**H**

Quorn Dippers & Chips  
**PB**

Fish Fingers & Chips



Carrots & Cauliflower

Carrots & Broccoli

Carrots & Mashed Swede

Carrots & Cauliflower

Carrots & Broccoli

Vanilla Sponge with Custard

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**WEEK 3**

Spaghetti with Tomato Sauce (Cheese optional)  
**V**

Margherita Pizza & Cajun Wedges  
**V**

Macaroni Cheese  
**V**



Savoury Minced Beef with Mashed Potato  
**H**

Quorn Sausage with Mashed Potatoes & Gravy  
**V**

Chicken Casserole with Mashed Potato  
**H**

Quorn Burger in a Bun with Wedges  
**V**



Homemade Chicken Meatballs in Tomato Sauce & Spaghetti  
**H**

Cheese & Onion Quiche with Chips  
**V**

Fish Fingers & Chips  
**F**

Carrots & Cauliflower

Carrots & Broccoli

Carrots & Mashed Swede

Carrots & Cauliflower

Carrots & Broccoli

Vanilla Sponge with Custard

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**Available Daily:** Salad Bar, Fresh Bread, Fresh Fruit & Yoghurt

**Menu Key:** PB Plant Based | F Fish | V Vegetarian | H Halal

WEEK 1: 4 NOV / 25 NOV / 16 DEC / 6 JAN / 27 JAN / 10 MAR / 31 MAR  
WEEK 2: 11 NOV / 2 DEC / 13 JAN / 3 FEB / 24 FEB / 17 MAR  
WEEK 3: 18 NOV / 9 DEC / 20 JAN / 10 FEB / 3 MAR / 24 MAR

