

BELS Advisory Team for Autistic Children and Young People

BACPAC: Barnet Autism Course for Parents And Carers. A 6-Session Online Parent/Carer Training Course

A comprehensive training and support programme for parents/carers of children aged 6-19, with a **diagnosis of Autism**.

This course is available free of charge to **families living in Barnet**.

Two 6-session morning online training courses, over 6 weeks, covering topics including:

- An overview of what it means for your child to be Autistic.
- Communication.
- Sensory needs.
- Understanding emotional regulation/'behaviour'.

This course also gives parents/carers an opportunity to meet each other and share experiences.

Please only sign up for **one** of these courses and please do not sign up if you have already attended this course, or the Cygnets Course.

BACPAC: Barnet Autism Course for Parents and Carers. Autumn Term 2023 One

Dates and times:

Wednesday 13th September 10-11.30am

Wednesday 20th September 10-11.30am

Wednesday 27th September 10-11.30am

Wednesday 4th October 10-11.30am

Wednesday 11th October 10-11.30am

Wednesday 18th October 10-11.30am

Sign up here: <https://forms.office.com/e/5RQfmcUUpD>

BACPAC: Barnet Autism Course for Parents and Carers. Autumn Term 2023 Two

Dates and times:

Thursday 2nd November 10-11:30am

Thursday 9th November 10-11:30am

Thursday 16th November 10-11:30am

Thursday 23rd November 10-11:30am

Thursday 30th November 10-11:30am

Thursday 7th December 10-11:30am

Sign up here: <https://forms.office.com/e/2ZCx2egi4e>

For any enquires please email autism.team@barnet.gov.uk with '6-week course' as the subject, thanks.