

Mapledown School



Working and Learning Together

08.06.20

Dear All,

My name is Joanna and I am this week's Guest Editor.

On this journey we are going to encourage each other to enjoy a healthy diet!

We will focus on fruits and I hope that the activities below will help your child to engage and experiment with healthy foods.

Communication&Literacy

It would be great if you could watch the video below and practise together MAKATON signs!

<https://www.youtube.com/watch?v=AGGA5Yq66JU>

(Fruit signs used in the video: apple, banana, blueberry, grapes, melon, orange, pear, pineapple, raspberry, strawberry)

You might be surprised how many of them your child is able to sign independently! 😊

I also attached a fruit board with symbols if that's more convenient for you. You can encourage your child to find and point to the right symbols while watching the video.

Sensory

You can also prepare all or some of the fruits and give it a go with tasting, smelling and touching while watching the video! And of course you can always pause the video if you find a particular fruit especially interesting!

Maths

I have attached matching activities and I hope that some of our students will really like it!

1. fruit slices matching game. You need to:

*print all 4 pages

*leave the two pages with sliced fruit on light blue background as they are

*cut out the fruit from other two pages

*optional: you can laminate or add velcro on the game pieces to make it even more fun for longer.

2. Fruit halves matching activity

*print the pages

*cut out and follow the lines to make fruit halves

*let your child find a matching piece. To make it more difficult you can mix all the pieces and let your child sort out all six fruits.

PE

I'm sending here a link to Kids Yoga – Betsy the Banana!

It is very simple and the only thing you need to do is to copy the movements!

<https://www.youtube.com/watch?v=40SZl84Lr7A>

Hope you enjoy your day with fruits!

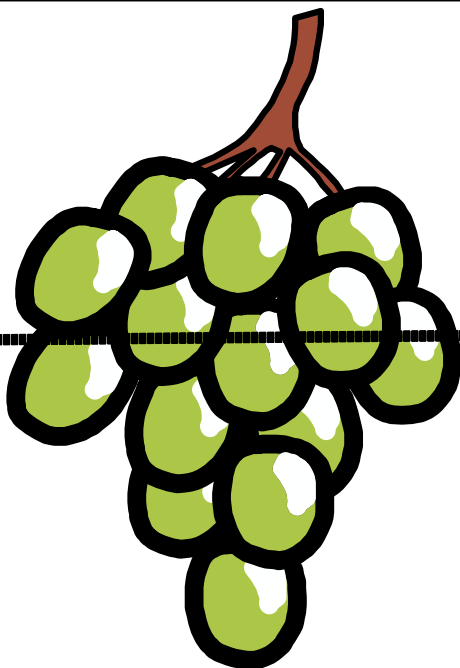
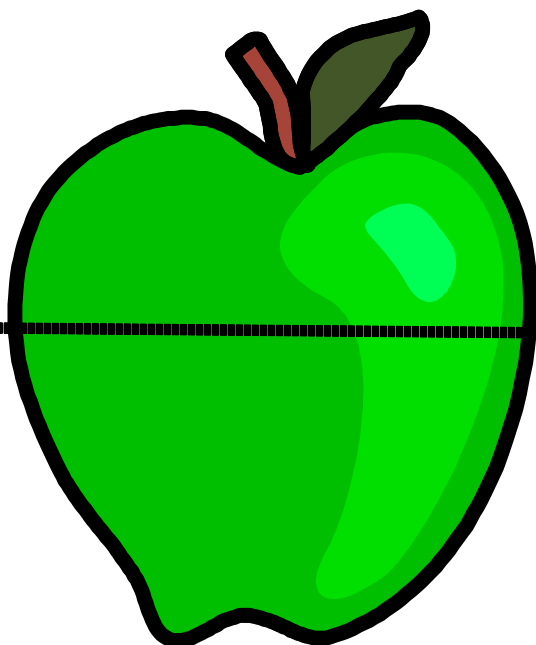
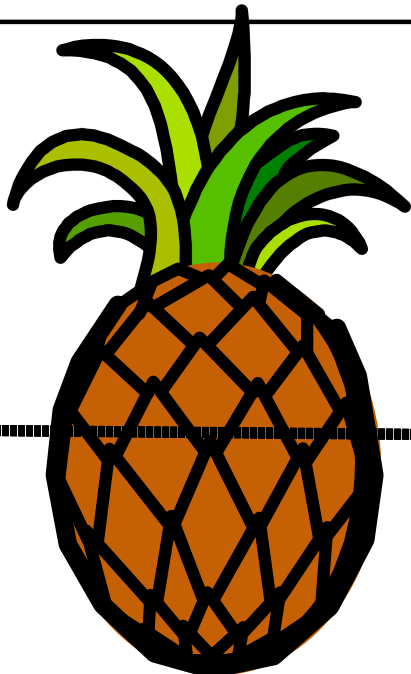
Please email me with your feedback. I'll be keen to know how you got on.

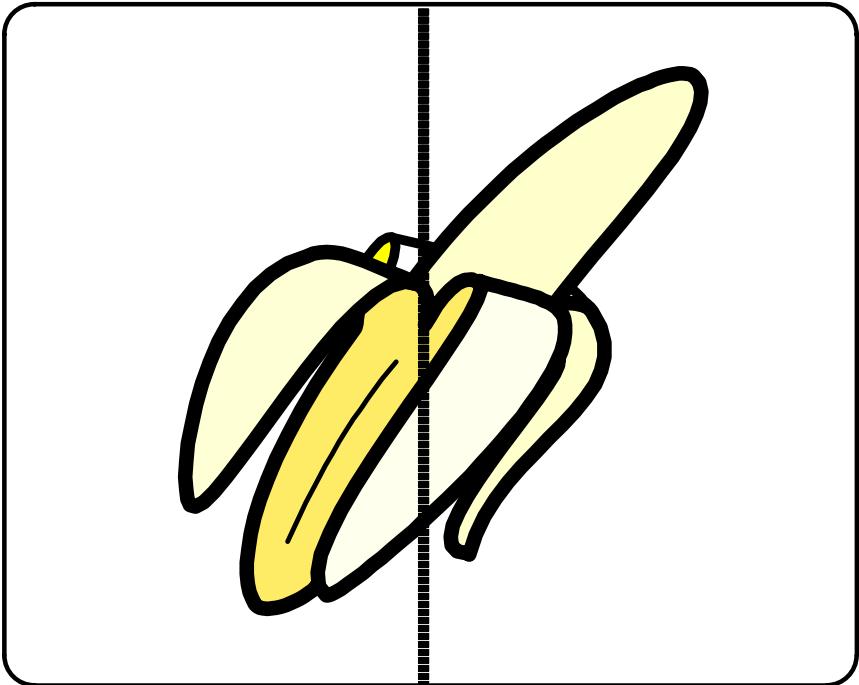
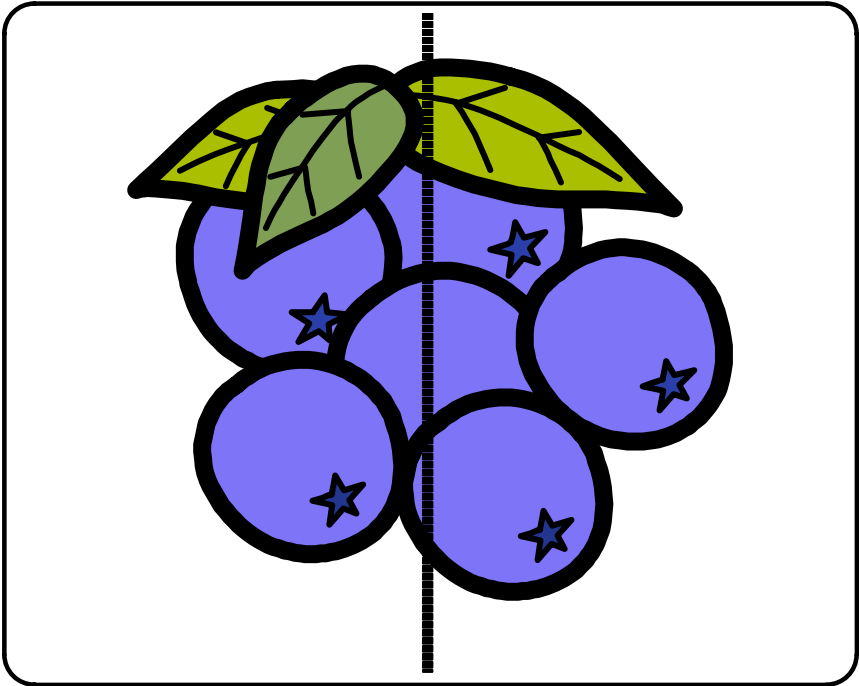
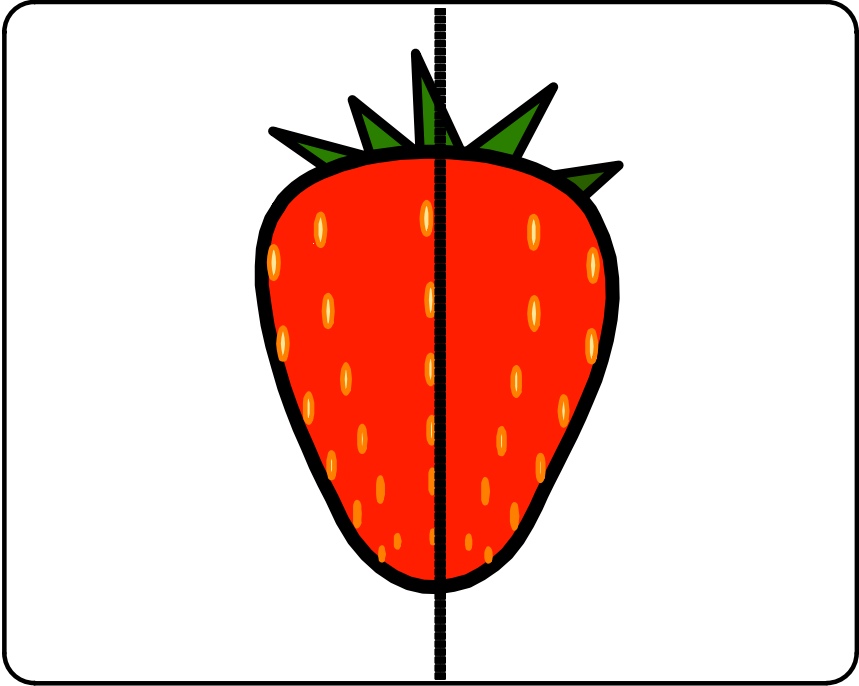
joanna@mapledown.barnet.sch.uk

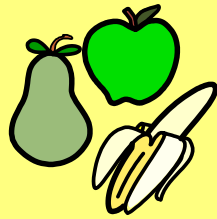
Keep Safe and Well,

Kind regards

Joanna



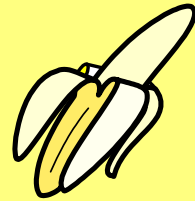




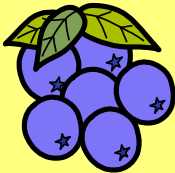
fruits



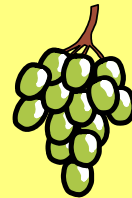
apple



banana



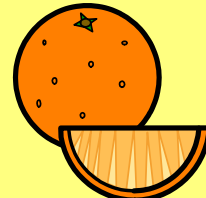
blueberry



grapes



melon



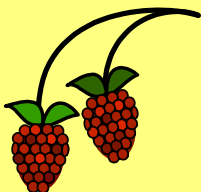
orange



pear



pineapple



raspberry



strawberry