

Supporting the Emotional Wellbeing of Autistic Children and Young People
A Cygnet Course for Parents/Carers

A training for parents/carers which will look at how we can support the emotional wellbeing of Autistic young people.

This will be one session only. If you want to attend but cannot attend in December, we will be running this session again in the spring term.

Parents / carers will have the opportunity to meet with other parents/carers in a mutually supportive virtual environment.

Who can attend?

Parents/carers of Secondary age Autistic young people. You may have already attended the Cygnet core programme or other relevant parenting/carers support programmes e.g. National Autistic Society Early Bird or Early Bird Plus programmes, but this is not essential.

The course is free, but it is essential that parents/ carers register

Date: 1st December 2022

Time: 10-11.30am

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To register follow this link: <https://forms.office.com/r/GXB5uaLRfY>